



What To Do When Things Hit The Fan

Interesting how Life can change in an instant, eh? Family, friends and colleagues members have had major changes occur recently. One has had several challenging health issues with numerous family members. Another has just gotten married for the first time. Still another is struggling to make sense of several professional opportunities.

Whether good news or bad news, massive change can create an overwhelming situation that can cause us to spin our wheels. What is the key? It's all rolled up into one of my favorite sayings: "Organize or agonize".

Recently, I was working with a client who was struggling with similar issues - not knowing what to do next and being confused by the swirl of activity around them. In times like this, I like to take a step back and remind myself of a few things that keeps me balanced and focused.

KNOW your purpose.

SOW your talents.

GROW your legacy.

Once you've done the hard work to get clear about your purpose in life, it makes it easy to identify what to say "yes" to and what to say "no" to regarding your time/schedule.

Once you're clear about what your unique talents/skills are, you can make better decisions about leveraging your strengths to better establish your niche.

Once you're clear about the difference you ultimately want to make (based on your purpose and your talents), you can target building your legacy in a comprehensive, fully-integrated way - wasting as little effort as possible.

Just a little something to consider when things get crazy - which, in this hectic life, can be more than once a day.